



How have your conflicts been doing? Is there a crucial conversation that you need to have with someone?

Review:

- **Figure it out** — *Before I fight, I'll do some figuring first.*
- **Inspect yourself** — *I'll deal with me before I deal with you.*

In a conflict, do you naturally clam up or jump into the fight? Why?

What do you think of this claim: *There is always the possibility of being 100% honest and also 100% respectful?*

Speaking the Truth in Love

Read Ephesians 3:14-21. What do you think Paul is saying about the relationship between power and love in the life of God's people?

Ephesians 4:1-3 presents a pretty significant challenge. How possible is it really to live out these attitudes?

What does this claim mean to you?
If God's power gives me peace, humility, gentleness, and patience in any area of my life, I can claim the same things in every area of my life.

Read Ephesians 4:3-6. What does it mean to “make every effort”?

What does the supreme unity of God teach us about handling conflict?

Read Ephesians 4:7-16. What has Jesus done to build unity and maturity?

What are we supposed to do to build unity and maturity?

What do you think about this claim?
When God's gifts are unleashed by different people speaking the truth in love, everyone wins.

Principle “G” — Graciously Get it All Out.

In order for there to be true resolution to conflict, all the relevant truth needs to be graciously laid out on the table of the conversation so that real solutions can be found. Reflect on these final questions:

How can I graciously get out all my relevant “truth” in this conflict?
Am I ready to say what needs to be said the way it should be said?

How can I graciously draw out all the truth the other person has?
Am I ready to receive with grace whatever they have to say?

All my truth and all God's love is all you're gonna get from me.



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